

2025 L'Anse Creuse Middle School

7th & 8th Grade Volleyball Quad

Saturday, October 25, 2025

7th Grade at Middle School North

8th Grade at Middle School Central

Objective: To introduce all L'Anse Creuse Middle School 7th & 8th Grade Volleyball Players to a round robin Quad format prior to High School. NO Concession stand will be available, but teams are encouraged to bring snacks/food/water – an area will be set aside in the cafeteria for teams to congregate – ATHLETES & PARENTS ONLY.

Rules and Regulations: In a match, every player must start one game and play until a team scores 12 points. There will be three games to **25 with a cap at 27**. Please remember to be on your court ready to play as soon as possible. **We will run ahead of schedule whenever we can!**

There will be a warm up prior to the **first** match of the morning ONLY - after that there will be NO VOLLEYBALLS allowed on the court between matches. Format for the warm up will be 4 minutes shared ball handling, 4 minutes shared hitting and 2 minutes shared serving. Only 90 seconds between games! Teams should sit together when not playing or when they are not in the cafeteria. Remember– let's be sure to clean up afterwards!

The team listed first serves first in the first game of the match. Alternate for Game 2.

Flip coin for serve in game 3.

Schedule	AT MSN (7th Grade)	AT MSC (8th Grade)
7:55 am	NATIONAL ANTHEM	
8:00 am	North vs. Central	Central vs. North
9:15 am	South vs. East	South vs. East
10:30am	South vs. North	East vs. Central
	Quad Picture (All 4 Schools)	Quad Picture (All 4 Schools)
11:45 pm	Central vs. East	North vs. South
1:00 pm	Central vs. South	East vs. North
2:15 pm	East vs. North	South vs. Central