

2025 Middle School-South Volleyball Information Packet

The following information has been prepared to familiarize you with the expectations for the upcoming volleyball season. Please take the time to read the following information.

-Coach Contact Information:

- o 7th Grade – Jordan Vanwelsenaers vanwejo@lc-ps.org
- o 8th Grade – Kyleigh Dujardin kyleighduj@gmail.com



➤ **Parent Information** will available on the volleyball page on our school's website:
<https://www.lc-ps.org/schools/middle-school/south/athletics/volleyball/>

➤ **NEWS:** All away games will be "**One-Way Bussing**". Athletes will be bussed to the game ONLY; athletes will be responsible for pre-arranging their own ride home from the game. If you have any questions about the one-way bussing, please contact your coach. **THE EXCEPTION TO THIS IS ROMEO, WHICH WILL PROVIDE 2 WAY BUSSING.**

Sports Physical

All athletes **MUST** have a current physical on file with the athletic department, in order to participate in any sport. Forms are available on our athletics page.

Grades and Citizenship

Student- athletes need to be in good standing both academically as well as behaviorally. Attached to this packet is a "Student-Athlete Academic and Citizenship Agreement" located on the back of the emergency form. This agreement **MUST** be signed by both the student-athlete and parent/guardian in order to receive their uniform. For more information, please see the agreement on the **BACK** of the **EMERGENCY FORM**.

Attendance

A calendar listing the practices and games for the season is attached. 7th graders will practice from 3:00-4:30pm and 8th graders will practice from 4:30-6:00pm. Please have a ride ready to pick your student/athlete at the appropriate times. We understand that sometimes doctor or dentist appointments come up, if for some reason you are not able to schedule those around our practices, please email or use the remind app to reach a coach if your athlete will be absent from practice.

Behavior

Volleyball athletes must adhere to all school rules and policies at all times during the season. This means that you treat coaches and fellow players in a respectful manner by listening and following directions the first time they are given. Since you are representing our school, athletes are required to uphold a high level of behavior and conduct. Suspension or removal from the team may result if school rules are broken.

Uniforms

Each volleyball athlete will be given a compete uniform at the start of the season. The entire uniform will be at the end of the season. These uniforms are brand new, there are wash and care instructions in this packet. Athletes are expected to provide their own bottoms (navy or black) and kneepads.

Emergency Contact Information

Attached to this packet is a parent contact emergency information form.

***Please fill this out and return to your coach by Thursday, September 11th.**

The information will be used only in the case of an emergency.

REMIND 101

Attached is the invite for REMIND 101. This will also be used to send out important information during the season. Please make sure both you and your athlete sign up for this. It will send messages directly to your cell phone.

T-Shirt & Hoodie Orders

Within this packet you will also find an order form for shirts. Students are welcome to order a t-shirt, hoodie, crewneck or all items. Parents/Family members may also order shirts if they so wish. We are using our online store (more info on a separate page).

THE ONLINE STORE WILL CLOSE ON THURSDAY, SEPTEMBER 11TH. ALL ORDERS MUST BE PLACED BY SEPTEMBER 12TH IN ORDER TO RECEIVE A SHIRT.

South Volleyball Game Schedule 2025

Volleyball - South

GIRL'S 2025 VOLLEYBALL SCHEDULE

Day	Date	Opponent	Location	Time (7th / 8th)
Thursday	9/25/25	New Haven (at Endeavor MS)	AWAY	3:45 / 5:00
Monday	9/29/25	Romeo (White)	HOME	3:30 / 4:45
Thursday	10/2/25	Fraser (Richards)	HOME	3:30 / 4:45
Monday	10/6/25	Anchor Bay (Red)	AWAY	3:30 / 4:45
Monday	10/13/25	Algonquin	AWAY	3:30 / 4:45
Tuesday	10/14/25	Romeo (Red)	AWAY	3:30 / 4:45
Thursday	10/16/25	Anchor Bay (White)	HOME	3:30 / 4:45
Monday	10/20/25	Iroquois	HOME	3:30 / 4:45
Tuesday	10/21/25	Wyandot	AWAY	3:30 / 4:45
Saturday	10/25/25	District QUAD	7th at MSN 8th at MSC	BOTH at 9:00am

7th Grade plays first at 3:30 PM immediately followed by the 8th grade match---approximately 4:45 pm

Addresses for Away Games

New Haven: 22505 26 Mile Rd, Ray, MI 48096

Anchor Bay (Red): 48650 Sugarbush Rd, New Baltimore, MI 48047

Algonquin: 19150 Briarwood Ln, Clinton Township, MI 48036

Romeo (Red): 11091 32 Mile Rd, Romeo, MI 48065

Wyandot: 39490 Garfield Rd, Clinton Township, MI 48038

September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 No School— Labor Day	2 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	3 No practice Early Release day	4 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	5 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	6
7	8 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	9 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	10 No practice Early Release day	11 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	12 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	13
14	15 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	16 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	17 No practice Early Release day	18 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	19 No Practice— After School Dance	20
21	22 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	23 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	24 No Practice Early Release day	25 Away Game @ New Haven	26 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	27
28	29 Home Game vs. Romeo (White)	30 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm				

7th Grade Coach
Jordan Vanwelsenaers
vanwejo@lc-ps.org

8th Grade Coach
Kyleigh Dujardin
kyleighduj@gmail.com

October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 No practice Early Release day	2 Home Game vs. Fraser MS	3 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	4
5	6 Away Game @ Anchor Bay (Red)	7 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	8 No practice Early Release day	9 7th Grade: 3-4:30pm 8th Grade: 4:30-6pm	10 Picture Day 3-4pm	11
12	13 Away Game @ Algonquin	14 Away Game @ Romeo (Red)	15 No practice No School	16 Home Game vs. Anchor Bay (White)	17 No Practice 1/2 Day	18
19	20 Home Game vs. Iroquois	21 Away Game @ Wyandot	22 No practice Conferences	23 No practice Conferences	24 7th Grade: 11:30-1 8th Grade: 4:30-6pm	25 LC Quad
26	27 Return uniforms to Mrs. Vanwel	28	29	30	31	

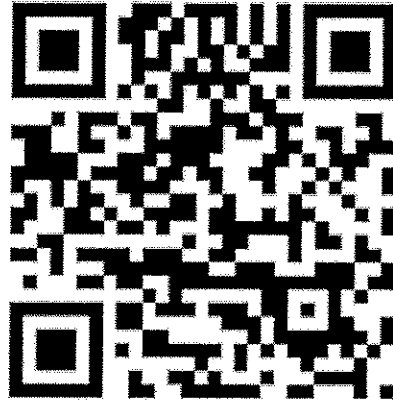
7th Grade Coach
Jordan Vanwelsenaers
vanwejo@lc-ps.org

8th Grade Coach
Kyleigh Dujardin
kyleighduj@gmail.com

2025 Middle School South Volleyball Gear

(ONLINE ORDERS ONLY – USE QR CODE BELOW)

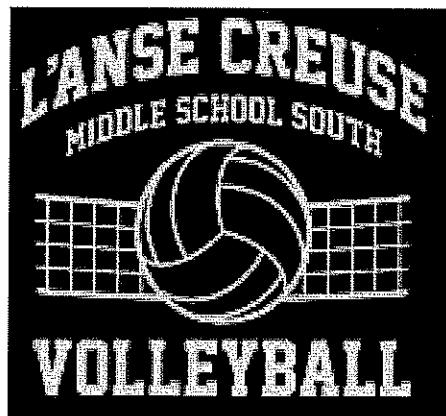
To order, visit lcms.qmigroupinc.com
OR scan the QR Code Below



STORE CLOSURES ON: THURSDAY, SEPT 11th, 2025

OPTIONS (Colors, Pricing and Sizes are Posted Online):

- Hooded Sweatshirt
- Crewneck Sweatshirt
- Cotton T-Shirt



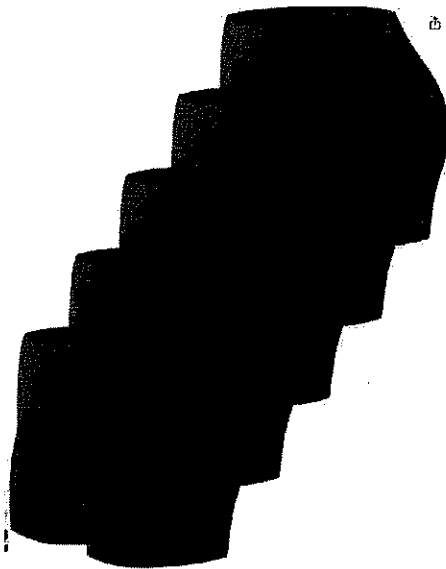
ORDERS ACCEPTED ONLINE ONLY!

IMPORTANT! – When paying by credit card, this purchase will show as QMI Group Inc. on your credit card statement

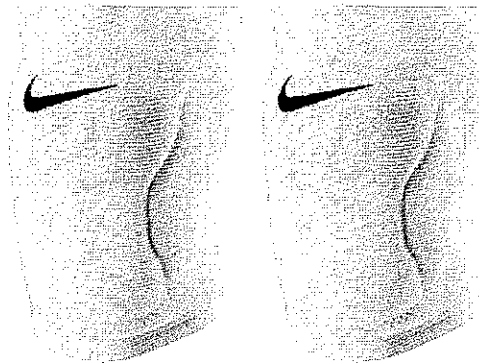
Volleyball Uniform Information

Student-athletes are expected to provide their own bottoms (typically referred to as spandex) for their uniform, an example image is below. PLEASE STICK TO NAVY OR BLACK FOR GAME SITUATIONS. Other colors for practices are fine! Student-athletes are expected to also provide their own kneepads (black or white is fine). If you are having financial concerns regarding these items, please talk to a coach.

Shorts example:



Kneepad Example:



Jersey Wash & Care Instructions:



Wash & Care Instructions

FOR YOUR SUBLIMATED APPAREL

Step By Step

1. Turn garment inside out.
2. Machine wash cold - dark colors separately
3. **Do Not Use Bleach** - including any color safe bleach.
4. **Very Important** - do not wash with any garments containing Velcro or abrasive fabrics
5. Remove from washer immediately upon completion of the wash cycle.
6. Hang dry on plastic hanger.
7. Iron on warm or delicate setting only.
8. **Do Not Dry Clean.**
9. Do not use fabric softener - softeners break down fibers and inhibit moisture wicking and anti-microbial properties of fabric.



Machine Wash Cold



Turn Garment Inside Out



DO NOT BLEACH



No Fabric Softener



Do Not Dry Clean



Iron Low (delicate)



Hang to Dry (plastic hangers)



Do Not Leave in Washer



Do Not Wash With Velcro

Care Instructions

1. **DO NOT** leave **WET** garments sitting in a pile on its own or with other clothes. Dye migration can occur. Hang to dry without touching other garments.
2. **EXTREMELY IMPORTANT** - Avoid **ANY CONTACT** with Velcro, skates, tools, or other abrasive or sharp objects. Garments should be stored in a separate bag if stored with equipment.
3. **DO NOT** use iron on patches or decoration - dye migration and/or color change can occur.

Important Notice

Sublimated garments have graphic designs and performance qualities that are highly desirable. Unfortunately an inherent property of all polyester garments and sublimated garments in particular is the potential for small picks and pulls. Due to the sublimated dye process these picks may be more visible than on regular dyed garments. This issue is not a material defect but rather a latent issue in all sublimated garments. Extra care should be taken.



Sign up for important updates from Mrs. Vanwelsenaers.

Get information for L'anse Creuse Middle School - South right on your phone—not on handouts.

Pick a way to receive messages for **South 7th Volleyball**:

- A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/sabres7

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



- B** If you don't have a smartphone, get text notifications.

Text the message @sabres7 to the number 81010.

If you're having trouble with 81010, try texting @sabres7 to (415) 749-9892.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/sabres7 on a desktop computer to sign up for email notifications.

2025 Middle School South Volleyball **Emergency Contact Information**

Please provide the following information and return by **Thursday, September 11th!**

- Student Athlete Name: _____

- Parent Contact information (REQUIRED):

*Parent/Guardian name (Please PRINT): _____

*Parent Email Address (Please PRINT): _____

*Parent Cell phone number: _____

- Additional number (Relative or Family Friend):

Name: _____ Phone Number: _____

- Concerns or any Medications we need to know about:

- Additional students/families that my child may ride home with

Parent/Guardian Signature: _____ **Date:** _____

L'Anse Creuse Middle School South - Athletic Eligibility Policy

Purpose

Participation in school athletics is a privilege and an important part of a student's educational experience. As representatives of our school, student-athletes are expected to meet academic and behavioral standards that reflect the values of our school community. This policy establishes the expectations for athletic eligibility and outlines the procedures for determining and restoring eligibility.

1. Academic Eligibility

Any student-athlete receiving two (2) or more failing grades (F's) on the weekly athletic eligibility report will be declared ineligible to participate in any scheduled athletic contests for the following week.

- During this period of ineligibility, the student-athlete may continue to attend all team practices and, at the coach's discretion, support their team at athletic events.
- The ineligibility period will begin on the **Monday following the issuance of the weekly eligibility report** and will remain in effect until the next scheduled eligibility review on **Friday**.
- To regain eligibility, the student-athlete must demonstrate significant academic improvement, verified either by their teachers or through an updated progress report reflecting passing grades (D- or higher) in all courses.

2. Behavioral Eligibility

- Any student-athlete receiving two (2) or more "Needs Improvement" (N) or "Unsatisfactory" (U) marks in citizenship or conduct on the weekly athletic eligibility report, or whose behavior warrants disciplinary action including suspension (in-school or out-of-school) or repeated detentions, will be deemed ineligible to participate in scheduled athletic contests for the following week.
- During this period of ineligibility, the student-athlete may continue to attend team practices and, at the coach's discretion, support their team at athletic events.
- The ineligibility period will begin on the **Monday following the issuance of the weekly eligibility report** and will remain in effect until the next scheduled eligibility review on **Friday**.
- To regain eligibility, the student-athlete must demonstrate consistent improvement in behavior and adherence to school rules, as confirmed by their teachers or school administration.

Acknowledgment & Sign-Off

By signing below, the student-athlete and their parent/guardian acknowledge that they have read, understand, and agree to abide by the terms of the **Athletic Eligibility Policy**. This policy will remain in effect for the duration of the athletic season and applies to all school-sponsored athletic activities.

Student-Athlete Name: _____
Student-Athlete Signature: _____ Date: _____

Parent/Guardian Name: _____
Parent/Guardian Signature: _____ Date: _____

**** Student-athletes will not be issued a uniform until this form has been signed by both the student-athlete and their parent/guardian. Please return the completed form to your coach as soon as possible in order to begin participation. ****