## MS-C Volleyball 2025-2026 Season Information 7<sup>th</sup> & 8<sup>th</sup> Grade

- 7<sup>th</sup> Grade Tryouts: August 26 (3:30-5:30pm), August 27 (2:30-4:30pm), and August 28 (3:30-5:30pm).
- 8<sup>th</sup> Grade Tryouts: August 26 (5:30-7:30pm), August 27 (4:30-6:30pm), August 28 (4:30-6:30pm).
- A SPORTS PHYSICAL MUST be turned in at tryouts to the coach or to the school ahead of time. The physical exam must be dated on, or after April 15, 2025.
- After cuts are made, practices will be every day most likely at the same times as the tryouts. The practice calendar will be handed out to players who make the teams.
- 15 girls will make each grade level team
- There are 12 games, 6 home and 6 away
- Volleyball team members are expected to travel to "away" games on the bus. No transportation will be provided after the "away" game (unless to Romeo). ALL players MUST check in with the coach at the end of their away game with a parent before they leave.
- Team members are financially responsible for the return of all issued uniforms or equipment in good/reusable condition. Athletes must purchase their own shorts; a top uniform will be provided.
- Volleyball team members are expected to maintain acceptable academic and citizenship standards. Failure to do so may result in verbal warnings, short-term suspensions, or dismissal from the volleyball team. The athletic Director will be in communication.
- There is no Pay to Participate Fee
- Please inform the Athletic Director or coach with any concerns or questions that you may have.
- There is no fee to play middle school sports.

## MS-C Athletic Director: Evan Chalk, chalkev@lc-ps.org

## 7<sup>th</sup> and 8<sup>th</sup> Grade Volleyball Head Coach: Mike Urban,

mikeurban1914@gmail.com