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August 22, 2016

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Tanya L. Nofs

# Dear Middle School Parents,

As you may know for the first time in 15 years, the USDA has made significant changes to school meals in an effort to curb childhood obesity. In December of 2010 the Healthy, Hunger Free Kid's Act was passed into law. In January of 2012 the U.S Department of Agriculture released the final meal pattern requirements that are mandated by that law.

Here at L'Anse Creuse Public Schools, we have always offered a great selection of fruits and vegetables throughout the week. You have already seen low fat and no fat milk in our schools. All of our sandwiches are made using whole grain and whole wheat breads and other whole grain items. Our menus have always been analyzed to make sure that we are in compliance with the Dietary Guidelines and USDA regulations.

### A School Lunch is composed of a Food Based Menu planning system

Every meal will consist of 5 components: grains, meat/meat alternatives, fruit, vegetable, and milk. In order to be considered a student meal, the student must select 3 of the 5 components. One of the 3 components must be a fruit or vegetable. We encourage students to select all 5 components to receive a balanced meal.

If this system isn't selected by the student, we can not charge it as a School Lunch Meal by Federal Government regulations, and therefore each item will be charged separately, at ala carte prices. While we encourage students to take all 5 components, we are not required to do so under the Federal "Offer vs. Serve" Program.

#### Prices

24400 F.V. PANKOW BOULEVARD

All Middle School Lunch Meals are \$2.80. Breakfast is \$1.50. Reduced Lunch is \$.40 and Reduced Breakfast is \$.30. Sold separately, Milk is \$.50, Side dishes are \$.70 and other Ala Carte items are available at additional charges beyond the price of a meal.

Although we recommend students use a lunch debit account (decreases long lunch lines) all schools can accommodate cash to purchase meals and ala Carte items at any time. However, the Food Service does not recommend sending large amounts of cash with students to school.

NOTICE OF NONDISCRIMINATION. It is the policy of L'Anse Creuse Public Schools not to discriminate on the basis of race, color, religion, national origin or ancestry, gender, age, disability, height, weight or marital status in its programs, services, activities, or employment. Inquiries related to nondiscrimination policies should be directed to: Civil Rights Coordinator, Assistant Superintendent for Human Resources, Harry L. Wheeler Community Center and Administrative Offices, 24076 F. V. Pankow Blvd., Clinton Township, MI 48036, (586) 783-6300. Nondiscrimination inquiries related to disability should be directed to: Section 504 Coordinator, Director for Special Education, (586) 783-6500.

586,783,6550





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## Lunch Accounts/Deposits

There must be money in the account in order for the student to use it. Food & Nutrition Services recommends keeping a positive account balance so that your children can continue to participate in the National School Lunch program. **Deposits into accounts may now be done online though** "sendmoneytoschool.com". You can print instruction and access the site by going to the L'Anse Creuse Public Schools Website at: <a href="www.lc-ps.org">www.lc-ps.org</a> and click on: <a href="www.sendmoneytoschool.com">www.sendmoneytoschool.com</a>.

Checks written for a single account may be deposited several ways: 1) A student may bring a check through the lunch line and give it to the cashier; 2) It may be dropped off at the school office (please put child's name, teacher name and amount). 3) It may be mailed to the District Food Service Office at the address below. Checks can also be sent to the District Food Service Office at the address below. Make all checks payable to:

LCPS Food & Nutrition Services.

#### Free and Reduced Program

Only a School Lunch Meal qualifies as a Free or Reduced purchase under the Federal Guidelines. You may contact the District Food Service Office at any time during the school year for an application. Or you can apply at <a href="https://www.lunchapp.com">www.lunchapp.com</a>.

A new application must be completed each school year.

**Confidentiality:** The computer terminals on the serving lines are connected to a computer that knows which students receive free or reduced meals, and thus charges the student the appropriate amount. This provides the best confidentiality.

Feel free to call with questions: 586/783-6550 x 1115.

Please direct all correspondence to:

L'Anse Creuse School Food Services 24400 F.V. Pankow Blvd Clinton Twp, MI 48036

Visit us on our Website at http://www.lc-ps.org/Departments/FoodandNutritionServices

We are happy to assist in any way possible. Thank you for your interest in the L'Anse Creuse School Lunch Program.

Sincerely,

Tanya Nofs

LCPS Food & Nutrition Services

586-783-6550

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