



# Menu 2025

## Weekly Breakfast Menu

ALL BREAKFASTS INCLUDE A WHOLE GRAIN RICH ITEM, PROTEIN, MILK AND CHOICE OR FRUIT & 100% FRUIT JUICE. AT LEAST ONE SIDE MUST BE FRUIT OR FRUIT

### Whole Grain Pop-Tart

Yogurt or String Cheese  
Fruit  
100% Fruit Juice  
1% White or  
1% Chocolate Milk

### Whole Grain Muffin

Yogurt or String Cheese  
Fruit  
100% Fruit Juice  
1% White or  
1% Chocolate Milk

### JUICE. Whole Grain Cereal Bars

Yogurt or String Cheese  
Fruit  
100% Fruit Juice  
1% White or  
1% Chocolate Milk

### Whole Grain Assorted Fruited

Yogurt or String Cheese  
Fruit  
100% Fruit Juice  
1% White or  
1% Chocolate Milk

### Whole Grain Waffle or Pancake

Yogurt or String Cheese  
Fruit  
100% Fruit Juice  
1% White or  
1% Chocolate Milk

Monday

Tuesday

Wednesday

Thursday

Friday

## June Lunch Menu

16

**Chicken Nuggets  
WG Dinner Roll**  
Assorted Fruit Cup  
Fresh Cucumber Slices  
1% White Milk  
1% Chocolate Milk

17

**All-Beef Hotdog  
on a WG Bun**  
Strawberries  
Baked Beans  
1% White Milk  
1% Chocolate Milk

18

**Bosco  
Cheese Sticks**  
Marinara Dipping Sauce  
Fresh Pineapple  
Fresh Baby Carrots w/Ranch  
1% White Milk  
1% Chocolate Milk

19

**Mac N Cheese  
WG Dinner Roll**  
Fresh Grapes  
Romaine & Spinach Tossed Salad  
% White Milk  
1% Chocolate Milk

20

**Turkey & Cheese Sub**  
WG Bun  
Clementine  
Fresh Broccoli W/Ranch  
1% White Milk  
1% Chocolate Milk

23

**Crispy Chicken Sandwich**  
WG Bun  
Assorted Fruit Cup  
Fresh Cucumber Slices  
1% White Milk  
1% Chocolate Milk

24

**Burger Day  
W/Cheese**  
Apple Slices  
French Fries  
1% White Milk  
1% Chocolate Milk

25

**Pizza Day!**  
Fresh Kiwi  
Fresh Baby Carrots w/Ranch  
1% White Milk  
1% Chocolate Milk

26

**Beef & Cheese Nachos**  
Fresh Grapes  
Refried Beans  
% White Milk  
1% Chocolate Milk

27

**Ham & Cheese Sub**  
WG Bun  
Clementine  
Fresh Broccoli W/Ranch  
1% White Milk  
1% Chocolate Milk

30

**Chicken Nuggets**  
Assorted Fruit Cup  
Fresh Cucumber Slices  
1% White Milk  
1% Chocolate Milk

**Fresh Fruit and  
Veggie Bar Served  
Daily At All Lunches!**

**Alternate Choice**  
available upon request:  
Sun butter and Jelly  
Sandwich  
W/Cheese- Crackers &  
String Cheese



SUN MEALS ARE FREE TO ALL CHILDREN 18 AND UNDER. L'ANSE CREUSE PUBLIC SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER. MENUS SUBJECT TO CHANGE, WE TRY OUR BEST TO SERVE OUR MENUS AS POSTED; HOWEVER LAST MINUTE CHANGES OCCUR, PLEASE CALL L'ANSE CREUSE FOOD AND NUTRITION DEPARTMENT AT 586-783-6550 IF YOU HAVE ANY QUESTIONS OR CONCERNS. YOU CAN FIND THE SPECIAL DIETARY ACCOMMODATIONS FORM AND OTHER FOOD AND NUTRITION INFORMATION AT:  
[WWW.LC-PS.ORG/DEPARTMENTS/FOOD-SERVICE/](http://WWW.LC-PS.ORG/DEPARTMENTS/FOOD-SERVICE/)

**Free  
Summer  
Meals**  
For ages 18 and under

## Weekly Breakfast Menu

ALL BREAKFASTS INCLUDE A WHOLE GRAIN RICH ITEM, PROTEIN, MILK AND CHOICE OR FRUIT & 100% FRUIT JUICE. AT LEAST ONE SIDE MUST BE FRUIT OR FRUIT JUICE.

### Whole Grain Pop-Tart

Yogurt or String Cheese  
Fruit  
100% Fruit Juice  
1% White or  
1% Chocolate Milk

### Whole Grain Muffin

Yogurt or String Cheese  
Fruit  
100% Fruit Juice  
1% White or  
1% Chocolate Milk

### Whole Grain Cereal Bars

Yogurt or String Cheese  
Fruit  
100% Fruit Juice  
1% White or  
1% Chocolate Milk

### Whole Grain Frudels

Yogurt or String Cheese  
Fruit  
100% Fruit Juice  
1% White or  
1% Chocolate Milk

### Whole Grain Waffle or Pancake

Yogurt or String Cheese  
Fruit  
100% Fruit Juice  
1% White or  
1% Chocolate Milk

Monday

Tuesday

Wednesday

Thursday

Friday

## July 1st-August 1st Lunch Menu

**1 All- Beef Hotdog on WG Bun**  
Strawberries  
Baked Beans  
1% White Milk  
1% Chocolate Milk

**2 Bosco Cheese Sticks**  
Marinara Dipping Sauce  
Fresh Pineapple  
Fresh Baby Carrots w/Ranch  
1% White Milk  
1% Chocolate Milk

**3 Mac N Cheese**  
Fresh Grapes  
Romaine & Spinach Tossed Salad  
% White Milk  
1% Chocolate Milk

**4**   
**No Camp**  
**No Meal Service**

**7 Crispy Chicken Sandwich**  
Assorted Fruit Cup  
Fresh Cucumber Slices  
1% White Milk  
1% Chocolate Milk

**8 Burger Day W/Cheese**  
Apple Slices  
French Fries  
1% White Milk  
1% Chocolate Milk

**9 Pizza Day!**  
Fresh Kiwi  
Fresh Baby Carrots w/Ranch  
1% White Milk  
1% Chocolate Milk

**10 Beef & Cheese Nachos**  
Fresh Grapes  
Refried Beans  
% White Milk  
1% Chocolate Milk

**11 Ham & Cheese Sub**  
Clementine  
Fresh Broccoli W/Ranch  
1% White Milk  
1% Chocolate Milk

**14 Chicken Nuggets WG Dinner Roll**  
Assorted Fruit Cup  
Fresh Cucumber Slices  
1% White Milk  
1% Chocolate Milk

**15 All- Beef Hotdog on WG Bun**  
Strawberries  
Baked Beans  
1% White Milk  
1% Chocolate Milk

**16 Bosco Cheese Sticks**  
Marinara Dipping Sauce  
Fresh Pineapple  
Fresh Baby Carrots w/Ranch  
1% White Milk  
1% Chocolate Milk

**17 Mac N Cheese WG Dinner Roll**  
Fresh Grapes  
Romaine & Spinach Tossed Salad  
% White Milk  
1% Chocolate Milk

**18 Turkey & Cheese Sub**  
Clementine  
Fresh Broccoli W/Ranch  
1% White Milk  
1% Chocolate Milk

**21 Crispy Chicken Sandwich**  
Assorted Fruit Cup  
Fresh Cucumber Slices  
1% White Milk  
1% Chocolate Milk

**22 Burger Day W/Cheese**  
Apple Slices  
French Fries  
1% White Milk  
1% Chocolate Milk

**23 Pizza Day!**  
Fresh Kiwi  
Fresh Baby Carrots w/Ranch  
1% White Milk  
1% Chocolate Milk

**24 Beef & Cheese Nachos**  
Fresh Grapes  
Refried Beans  
% White Milk  
1% Chocolate Milk

**25 Ham & Cheese Sub**  
Clementine  
Fresh Broccoli W/Ranch  
1% White Milk  
1% Chocolate Milk

**28 Chicken Nuggets WG Dinner Roll**  
Assorted Fruit Cup  
Fresh Cucumber Slices  
1% White Milk  
1% Chocolate Milk

**29 All- Beef Hotdog on WG Bun**  
Strawberries  
Baked Beans  
1% White Milk  
1% Chocolate Milk

**30 Bosco Cheese Sticks**  
Marinara Dipping Sauce  
Fresh Pineapple  
Fresh Baby Carrots w/Ranch  
1% White Milk  
1% Chocolate Milk

**31 Mac N Cheese WG Dinner Roll**  
Fresh Grapes  
Romaine & Spinach Tossed Salad  
% White Milk  
1% Chocolate Milk

**1 Turkey & Cheese Sub**  
Clementine  
Fresh Broccoli W/Ranch  
1% White Milk  
1% Chocolate Milk

**Fresh Fruit and Veggie Bar Served Daily At All Lunches!**

Alternate Choice available upon request:  
Sun butter and Jelly Sandwich  
W/Cheese- Crackers & String Cheese



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