

Weekly Breakfast Menu

ALL MEALS INCLUDE A WHOLE GRAIN RICH ITEM, PROTEIN, MILK AND CHOICE OR FRUIT & 100% FRUIT JUICE. AT LEAST ONE SIDE MUST BE FRUIT OR FRUIT JUICE.

Whole Grain Pop-Tart
Yogurt or String Cheese
Fruit
100% Fruit Juice
1% White or
1% Chocolate Milk

Whole Grain Muffin
Yogurt or String Cheese
Fruit
100% Fruit Juice
1% White or
1% Chocolate Milk

Whole Grain Cereal Bars
Yogurt or String Cheese
Fruit
100% Fruit Juice
1% White or
1% Chocolate Milk

Whole Grain Frudels
Yogurt or String Cheese
Fruit
100% Fruit Juice
1% White or
1% Chocolate Milk

Chef Choice Waffle or Pancake
Yogurt or String Cheese
Fruit
100% Fruit Juice
1% White or
1% Chocolate Milk

Monday

Tuesday

Wednesday

Thursday

Friday

July 1st-August 1st Lunch Menu

1 Turkey Hotdogs
Strawberries
Baked Beans
1% White Milk
1% Chocolate Milk

7 Crispy Chicken Sandwich
Assorted Fruit Cup
Fresh Cucumber Slices
1% White Milk
1% Chocolate Milk

14 Chicken Nuggets
Assorted Fruit Cup
Fresh Cucumber Slices
1% White Milk
1% Chocolate Milk

21 Crispy Chicken Sandwich
Assorted Fruit Cup
Fresh Cucumber Slices
1% White Milk
1% Chocolate Milk

28 Chicken Nuggets
Assorted Fruit Cup
Fresh Cucumber Slices
1% White Milk
1% Chocolate Milk

8 Burger Day W/Cheese
Fresh Watermelon
French Fries
1% White Milk
1% Chocolate Milk

15 Turkey Hotdogs
Strawberries
Baked Beans
1% White Milk
1% Chocolate Milk

22 Burger Day W/Cheese
Fresh Watermelon
French Fries
1% White Milk
1% Chocolate Milk

29 Turkey Hotdogs
Strawberries
Baked Beans
1% White Milk
1% Chocolate Milk

2 Bosco Cheese Sticks
Marinara Dipping Sauce
Fresh Pineapple
Fresh Baby Carrots w/Ranch
1% White Milk
1% Chocolate Milk

9 Pizza Day!
Fresh Kiwi
Fresh Baby Carrots w/Ranch
1% White Milk
1% Chocolate Milk

16 Bosco Cheese Sticks
Marinara Dipping Sauce
Fresh Pineapple
Fresh Baby Carrots w/Ranch
1% White Milk
1% Chocolate Milk

23 Pizza Day!
Fresh Kiwi
Fresh Baby Carrots w/Ranch
1% White Milk
1% Chocolate Milk

30 Bosco Cheese Sticks
Marinara Dipping Sauce
Fresh Pineapple
Fresh Baby Carrots w/Ranch
1% White Milk
1% Chocolate Milk

3 Mac N Cheese
Fresh Grapes
Refried Beans
% White Milk
1% Chocolate Milk

10 Beef & Cheese Nachos
Fresh Grapes
Refried Beans
% White Milk
1% Chocolate Milk

17 Mac N Cheese
Fresh Grapes
Refried Beans
% White Milk
1% Chocolate Milk

24 Beef & Cheese Nachos
Fresh Grapes
Refried Beans
% White Milk
1% Chocolate Milk

31 Mac N Cheese
Fresh Grapes
Refried Beans
% White Milk
1% Chocolate Milk

4 HAPPY 4th of July
No Camp
No Meal Service

11 Ham & Cheese Sub
Clementine
Fresh Broccoli W/Ranch
1% White Milk
1% Chocolate Milk

18 Turkey & Cheese Sub
Clementine
Fresh Broccoli W/Ranch
1% White Milk
1% Chocolate Milk

25 Ham & Cheese Sub
Clementine
Fresh Broccoli W/Ranch
1% White Milk
1% Chocolate Milk

1 Turkey & Cheese Sub
Clementine
Fresh Broccoli W/Ranch
1% White Milk
1% Chocolate Milk

Fresh Fruit and Veggie Bar Served Daily At All Lunches!

Alternate Choice available upon request:
Sun butter and Jelly Sandwich
W/Cheese- Crackers & String Cheese



SUN MEALS ARE FREE TO ALL CHILDREN 18 AND UNDER. L'ANSE CREUSE PUBLIC SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER. MENUS SUBJECT TO CHANGE. WE TRY OUR BEST TO SERVE OUR MENUS AS POSTED; HOWEVER LAST MINUTE CHANGES OCCUR. PLEASE CALL L'ANSE CREUSE FOOD AND NUTRITION DEPARTMENT AT 586-783-6550 IF YOU HAVE ANY QUESTIONS OR CONCERNS. YOU CAN FIND THE SPECIAL DIETARY ACCOMMODATIONS FORM AND OTHER FOOD AND NUTRITION INFORMATION AT: WWW.LC-PS.ORG/DEPARTMENTS/FOOD-SERVICE/



Menu 2025

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Whole Grain Pop-Tart

Yogurt or String Cheese
Fruit
100% Fruit Juice
1% White or
1% Chocolate Milk

Whole Grain Muffin

Yogurt or String Cheese
Fruit
100% Fruit Juice
1% White or
1% Chocolate Milk

Whole Grain Cereal Bars

Yogurt or String Cheese
Fruit
100% Fruit Juice
1% White or
1% Chocolate Milk

Whole Grain Assorted Fruitals

Yogurt or String Cheese
Fruit
100% Fruit Juice
1% White or
1% Chocolate Milk

Chef Choice Waffle or Pancake

Yogurt or String Cheese
Fruit
100% Fruit Juice
1% White or
1% Chocolate Milk

Monday

Tuesday

Wednesday

Thursday

Friday

June Lunch Menu

16

Chicken Nuggets

Assorted Fruit Cup
Fresh Cucumber Slices
1% White Milk
1% Chocolate Milk

17

Turkey Hotdogs WG Bun

Strawberries
Baked Beans
1% White Milk
1% Chocolate Milk

18

Bosco Cheese Sticks

Marinara Dipping Sauce
Refried Beans
Fresh Pineapple
Fresh Baby Carrots w/Ranch
1% White Milk
1% Chocolate Milk

19

Mac N Cheese

Fresh Grapes
Refried Beans
1% White Milk
1% Chocolate Milk

20

Turkey & Cheese Sub

WG Bun
Clementine
Fresh Broccoli W/Ranch
1% White Milk
1% Chocolate Milk

23

Crispy Chicken Sandwich

WG Bun
Assorted Fruit Cup
Fresh Cucumber Slices
1% White Milk
1% Chocolate Milk

24

Burger Day W/Cheese

Fresh Watermelon
French Fries
1% White Milk
1% Chocolate Milk

25

Pizza Day!

Fresh Kiwi
Fresh Baby Carrots w/Ranch
1% White Milk
1% Chocolate Milk

26

Beef & Cheese Nachos

Fresh Grapes
Refried Beans
1% White Milk
1% Chocolate Milk

27

Ham & Cheese Sub

WG Bun
Clementine
Fresh Broccoli W/Ranch
1% White Milk
1% Chocolate Milk

30

Chicken Nuggets

Assorted Fruit Cup
Fresh Cucumber Slices
1% White Milk
1% Chocolate Milk

Fresh Fruit and
Veggie Bar Served
Daily At All Lunches!

Alternate Choice
available upon request:
Sun butter and Jelly
Sandwich

W/Cheese- Crackers &
String Cheese



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Free
Summer
Meals
For ages 18 and under