

LCPS Middle School Buildings

November



Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Sticks Turkey Sausage Patties Tater Tots Sliced Cucumber Syrup Cup <u>FAMOUS BAR</u> Chicken Tenders Dinner Roll Tater Tots	3 	4 Oven Roasted Chicken Wings <i>Plain or Buffalo</i> w/ Soft Pretzel Potato Fries Bell Pepper Slices <u>FAMOUS BAR</u> Oven Roasted Chicken Wings Potato Fries Soft Pretzel	5 Meatball Marinara Sub Sandwich Spinach & Romaine Tossed Salad Carrot Sticks <u>FAMOUS BAR</u> Popcorn Chicken Dinner Roll Mashed Potatoes w/ Gravy	6 BBQ Spare Ribs Mac & Cheese WG Dinner Roll Baked Beans Celery Sticks <u>FAMOUS BAR</u> Chicken Tenders Corn Frito Chips
9 Mini Maple Eggo Waffles Turkey Sausage Patties Tater Tots Sliced Cucumber Syrup Cup <u>TACO BAR</u> Chicken or Beef Nachos Refried Beans	10 General Tso Chicken <i>w/ fortune cookie</i> Fried Rice & Egg Roll Steamed Broccoli <u>TACO BAR</u> Chicken or Beef Walking Taco Black Beans	11 Spicy Chicken Snack Wraps Waffle Fries Bell Pepper Slices <u>TACO BAR</u> Chicken or Beef Soft Tacos Black Beans	12 Crispy Chicken Drumstick Harvest Cheddar Sun Chips Baked Beans Celery Sticks <u>TACO BAR</u> Chicken or Beef Nachos Refried Beans	13 Meat Supreme Stromboli Sweet Potato Fries Spinach & Romaine Tossed Salad <u>TACO BAR</u> Chicken or Beef Walking Taco Black Beans
16 Build your Own Burger Bar <i>Variety of Toppings</i> Tater Tots Sliced Cucumber <u>PASTA BAR</u> Chicken Alfredo Dinner Roll Green Beans	17 Sweet & Sour Chicken <i>w/ fortune cookie</i> Fried Rice & Egg Roll Steamed Broccoli <u>PASTA BAR</u> Beef Meatballs in Marinara Dinner Roll Broccoli	18 Chicken Hani Wrap Potato Fries Bell Pepper Slices <u>PASTA BAR</u> Mac & Cheese Dinner Roll Green Beans	19 Classic Jumbo Chicken Corn Dog Baked Beans Spinach & Romaine Tossed Salad <u>PASTA BAR</u> Chicken Alfredo Dinner Roll Broccoli	20 Regular & Spicy Chicken Tenders Cheez-it Crackers Sweet Potato Fries Carrot Sticks <u>PASTA BAR</u> Mac & Cheese Dinner Roll Green Beans
23 Chicken Tender Snack Wraps Tater Tots Carrot Sticks <u>TACO BAR</u> Chicken or Beef Nachos Refried Beans	24 Tangerine Chicken <i>w/ fortune cookie</i> Brown Rice Steamed Broccoli <u>TACO BAR</u> Chicken or Beef Walking Taco Black Beans	25 	26 	27 

Daily Offerings Available

Pizza Slice
Crispy Chicken Sandwich
Spicy Chicken Sandwich
Hamburger/Cheeseburger
Cheesy Bosco Sticks
Assorted Salads, Wraps & Subs

Vegetable Choices:

Carrot Sticks
Celery Sticks / Cucumber
Broccoli / Salad
Garbanzo Beans/Hummus

All Options Include:

1/2 cup Fruit
3/4 cup Vegetable
Choice of 1% Milk

**Lunch is free for
all students!**

*BREAKFAST is served at
ALL middle schools. Check
your school for times!*