

Middle School

November



Monthly Special:
**Chicken Popper
Salad**

Daily Offerings Available to ALL Students:

Crispy Chicken Sandwich
Spicy Chicken Sandwich
Pepperoni/Cheese Pizza
Hamburger/Cheeseburger
Assorted Sandwiches
& Salads
Fruit & Grain Parfait
Cheesy Bosco Sticks

All Options Include:

1/2 cup Fruit
3/4 cup Vegetable
Choice of 1% Milk

Vegetable Choices:

Carrot Sticks
Celery Sticks / Cucumber
Broccoli Bites / Salad
Garbanzo Beans/Hummus

*BREAKFAST is served at
ALL middle schools. Check
your school for times!*

LUNCH PRICE:

\$FREE\$

Monday	Tuesday	Wednesday	Thursday	Friday
3 Eggo Choc-Chip French Toast Turkey Sausage Patties Tater Tot Sliced Cucumber	4 	5 Chicken Popper Bowl Mashed Potatoes w/ Corn & Gravy Dinner Roll	6 Classic Jumbo Corn Dog Baked Beans Spinach & Romaine Salad	7 Chicken Tender Snack Wraps Sweet Potato Fries Celery Sticks
Create Line: Taco/Nacho Bar—walking taco , nachos or tacos with chicken or beef and toppings				
10 French Toast Sticks Turkey Sausage Patties Tater Tot Sliced Cucumber Syrup Cup	11 General Tso Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	12 Crispy Chicken Drumstick Harvest Cheddar Sun Chips Waffle Fries Carrot Sticks	13 Meatball Marinara Sub Green Beans Spinach & Romaine Salad	14 BBQ Chicken Nachos Salsa & Sour Cream Sweet Potato Fries Celery Sticks
Create Line: Pasta Bar—noodles, marinara or alfredo, beef or chicken w/ broccoli or green beans				
17 Broccoli Cheddar Soup w/ Soft Pretzel Tater Tot Spinach & Romaine Salad	18 Tangerine Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	19 BYO Burger Bar Assorted Toppings Potato Fries Carrot Sticks	20 Spicy Chicken Snack Wraps Baked Beans Spinach & Romaine Salad	21 Oven Roasted Chicken Wings Plain or Buffalo w/ Soft Pretzel Sweet Potato Fries Celery Sticks
Create Line: Taco/Nacho Bar—walking taco , nachos or tacos with chicken or beef and toppings				
24 Chicken & Waffles Tater Tot Sliced Cucumber Syrup Cup	25 Sweet & Sour Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	26 		28 
Create Line: Parfait Bar—yogurt, fruit, granola and toppings				