

Middle School



BREAKFAST is served at ALL middle schools. Check your school for times!

Breakfast & Lunch are FREE for all students!

Daily Offerings Available to ALL Students:







Crispy Chicken Sandwich
Spicy Chicken Sandwich
Pepperoni/Cheese Pizza
Hamburger/Cheeseburger
Assorted Subs & Salads
Fruit & Grain Parfaits
Cheesy Bosco Sticks
Taco/Nacho Bar—available some menu days

All Options Include:

1/2 cup Fruit
3/4 cup Vegetable
Choice of 1% Milk

Vegetable Choices:

Carrot Sticks
Celery Sticks / Cucumber
Broccoli Bites / Salad
Garbanzo Beans/Hummus

Monday	Tuesday	Wednesday	Thursday	Friday
5 Crispy Chicken Drumstick Waffle Fries Carrot Sticks Dinner Roll	6 Sweet & Sour Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	7 	8 Chicken Alfredo Pasta Garlic Breadstick Spinach & Romaine Salad	9 Meatball Marinara Sub Green Beans Carrot Sticks
12 Grilled Chicken & Cheese Pretzel Melt Waffle Fries Sliced Cucumber	13 General Tso Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	14 Chicken & Waffles Tater Tots Celery Sticks Syrup Cup	15 Cheese Tortellini w/ Marinara Sauce Garlic Breadstick Spinach & Romaine Salad	16 Whole Grain Mac & Cheese Bites Green Beans Carrot Sticks
19 Wild Mikes Jalapeno Breadstick Bites Marinara Dip Sauce Carrot Sticks	20 Tangerine Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	21 Mashed Potato & Chicken Bowl w/ Corn & Gravy Dinner Roll	22 Ultimate Breakfast Sammy Egg, Turkey Sausage, Cheese, Bagel Tater Tots Spinach & Romaine Salad	23 
26 	27 Sweet & Sour Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	28 Chicken Wings Mac & Cheese Sliced Cucumber & Carrot Sticks	29 BBQ Chicken Nachos Salsa & Sour Cream Spinach & Romaine Salad	30 Spicy Chicken Snack Wraps Green Beans Carrot Sticks
2 Chicken Tender Snack Wraps Tater Tots Carrot Sticks	3 BYO Burger Bar Assorted Toppings Potato Fries Fresh Veggies	4 	5 	



This is an equal opportunity provider