Middle School



Monthly Special:
Spicy Chicken
Salad

Daily Offerings Available to ALL Students:

Crispy Chicken Sandwich Spicy Chicken Sandwich Pepperoni/Cheese Pizza Hamburger/Cheeseburger Assorted Sandwiches & Salads Fruit & Grain Parfait Cheesy Bosco Sticks

All Options Include:

1/2 cup Fruit 3/4 cup Vegetable Choice of 1% Milk

Vegetable Choices:

Carrot Sticks
Celery Sticks / Cucumber
Broccoli Bites / Salad
Garbanzo Beans/Hummus

BREAKFAST is served at ALL middle schools. Check your school for times!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| Welcome Back | 26 Sweet & Sour Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli | Grilled Chicken & Cheese Pretzel Melt Potato Fries Sliced Cucumber | Popcorn Chicken & Three Cheese Mac & Cheese Spinach & Romaine Salad | School School |
| Create Line: Taco/N | Nacho Bar—walking | taco, nachos or tacos | with chicken or beef | and toppings |
| LABOR DAY | 2 General Tso Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli | 3 Chicken Popper Bowl Mashed Potatoes w/ Corn & Gravy Dinner Roll | 4 Classic Jumbo Corn Dog Baked Beans Spinach & Romaine Salad | 5 Oven Roasted Chicken Wings Plain or Buffalo w/ Soft Pretzel Sweet Potato Fries Celery Sticks |
| Create Line: Parfai | t Bar—yogurt, fruit, | granola and toppings | | l |
| 8 Chicken & Waffles Tater Tots Sliced Cucumber Syrup Cup | Tangerine Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli | Crispy Chicken Drumstick Harvest Cheddar Sun Chips Waffle Fries Carrot Sticks | Meatball Marinara Sub Spinach & Romaine Salad | Chicken Tender Snack Wraps Sweet Potato Fries Celery Sticks |
| Create Line: Taco/N | Nacho Bar—walking | taco, nachos or tacos | with chicken or beef | and toppings |
| Eggo Choc-Chip French Toast Turkey Sausage Patties Tater Tots Sliced Cucumber | Sweet & Sour Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli | BYO Burger Bar Assorted Toppings Potato Fries Carrot Sticks | Spicy Chicken Snack Wraps Baked Beans Spinach & Romaine Salad | BBQ Chicken Nachos Salsa & Sour Cream Sweet Potato Fries Celery Sticks |
| Create Line: Pasta | Bar—noodles, marina | ara or alfredo, beef o | r chicken | I |
| French Toast Sticks Turkey Sausage Patties Tater Tots Sliced Cucumber Syrup Cup | General Tso Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli | Grilled Chicken & Cheese Pretzel Melt Potato Fries Carrot Sticks | Popcorn Chicken & Three Cheese Mac & Cheese Spinach & Romaine Salad | 26 Oven Roasted Chicken Wings Plain or Buffalo w/ Soft Pretzel Sweet Potato Fries Celery Sticks |