

Middle School



BREAKFAST is served at ALL middle schools. Check your school for times!

Breakfast & Lunch are FREE for all students!

Daily Offerings Available to ALL Students:

Crispy Chicken Sandwich
 Spicy Chicken Sandwich
 Pepperoni/Cheese Pizza
 Hamburger/Cheeseburger
 Assorted Subs & Salads
 Fruit & Grain Parfaits
 Cheesy Bosco Sticks
 Taco/Nacho Bar—*available some menu days*

All Options Include:

1/2 cup Fruit
 3/4 cup Vegetable
 Choice of 1% Milk

Vegetable Choices:

Carrot Sticks
 Celery Sticks / Cucumber
 Broccoli Bites / Salad
 Garbanzo Beans/Hummus

Monday	Tuesday	Wednesday	Thursday	Friday
31 French Toast Sticks Turkey Sausage Patties Hashbrown Potatoes Syrup Cup	1 General Tso Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	2 Mashed Potato & Chicken Bowl w/ Corn & Gravy Dinner Roll	3 Chicken Alfredo Pasta Garlic Breadstick Spinach & Romaine Salad	4 Meatball Marinara Sub Green Beans Carrot Sticks
7 Crispy Chicken Drumstick Waffle Fries Carrot Sticks Dinner Roll	8 Tangerine Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	9 Chicken & Waffles Tater Tots Celery Sticks Syrup Cup	10 Cheese Tortellini w/ Marinara Sauce Garlic Breadstick Spinach & Romaine Salad	11 NEW! Whole Grain Mac & Cheese Bites Green Beans Carrot Sticks
14 Grilled Chicken & Cheese Pretzel Melt Waffle Fries Sliced Cucumber	15 Sweet & Sour Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	16 BYO Crunch Burger Funyun Chips + Assorted Toppings Potato Fries Carrot Sticks	17 Ultimate Breakfast Sammy Egg, Turkey Sausage, Cheese, Bagel Spinach & Romaine Salad	18 No School
21 NEW! Wild Mikes Jalapeno Breadstick Bites Marinara Dip Sauce Carrots	22 General Tso Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	23 Chicken Tender Snack Wraps Tater Tots Carrot Sticks	24 Rotini Pasta & Meatballs Garlic Breadstick Spinach & Romaine Salad	25 Honey Sriracha Boneless Wings Mac & Cheese Sliced Cucumber & Carrot Sticks
28 French Toast Sticks Turkey Sausage Patties Hashbrown Potatoes Syrup Cup	29 Tangerine Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	30 Mashed Potato & Chicken Bowl w/ Corn & Gravy Dinner Roll	1 Spicy Chicken Snack Wraps Cheddar Sunchips Spinach & Romaine Salad	2 Chicken Wings Plain or Buffalo Pretzel Bites w/ Cheese Carrots & Celery Sticks