

# Subs, Salads & Wraps Menu

| Monday                                       | Tuesday                                              | Wednesday                                    | Thursday                                             | Friday                                       |
|----------------------------------------------|------------------------------------------------------|----------------------------------------------|------------------------------------------------------|----------------------------------------------|
| Chicken Popper Salad<br>w/ Whole Grain Rolls | Grilled Chicken Caesar Salad<br>w/ Whole Grain Rolls | Chicken Popper Salad<br>w/ Whole Grain Rolls | Grilled Chicken Caesar Salad<br>w/ Whole Grain Rolls | Chicken Popper Salad<br>w/ Whole Grain Rolls |
| Chef Salad<br>w/ Whole Grain Rolls           | Garden Salad<br>w/ Whole Grain Rolls                 | Chef Salad<br>w/ Whole Grain Rolls           | Garden Salad<br>w/ Whole Grain Rolls                 | Chef Salad<br>w/ Whole Grain Rolls           |
| Italian Wrap                                 | Turkey Club Wrap                                     | Italian Wrap                                 | Turkey Club Wrap                                     | Italian Wrap                                 |
| Crispy Chicken Caesar Wrap                   | Veggie Wrap                                          | Crispy Chicken Caesar Wrap                   | Veggie Wrap                                          | Crispy Chicken Caesar Wrap                   |
| Italian Sub                                  | Italian Sub                                          | Italian Sub                                  | Italian Sub                                          | Italian Sub                                  |
| Turkey & Cheese Sub                          | Ham & Cheese Sub                                     | Turkey & Cheese Sub                          | Ham & Cheese Sub                                     | Turkey & Cheese Sub                          |
| Fruit & Yogurt Parfait w/ Granola            | Hummus Bento Box                                     | Fruit & Yogurt Parfait w/ Granola            | Hummus Bento Box                                     | Fruit & Yogurt Parfait w/ Granola            |

**NOVEMBER SPECIAL OF THE MONTH:  
BUFFALO CHICKEN WRAP**

